

Important COVID-19 Update – January 14, 2022

Ontario has changed its COVID-19 testing eligibility and self-isolation protocols. Assessment centres are prioritizing PCR tests for people who are at a greater risk of severe outcomes from COVID-19, and those living or working in high-risk settings. High-risk settings include hospitals, long-term care facilities, retirement homes, and congregate living settings. Health care workers who are providing care to immunocompromised people are also considered high risk. You should not seek testing at an assessment centre if you are not in these categories. In light of these changes, Canadore College is updating its COVID-19 policy, and **will now only report COVID-19 cases in the college community if an on-campus outbreak has been declared or if the North Bay Parry Sound District Health Unit requires it. The College will follow Ministry of Health and Ministry of Colleges and Universities requirements for reporting.**

Isolation and reporting requirements

If you have COVID-19 symptoms:

Fully vaccinated employees and students experiencing COVID-19 symptoms (most common: fever/chills, cough, shortness of breath, decrease/loss of smell or taste, extreme fatigue (not associated with a pre-existing condition)) should assume they have a COVID-19 infection and must not attend campus.

- You must self-isolate immediately for at least 5 days from the onset of symptoms, and until your symptoms have been improving for 24 hours (48 hours if gastrointestinal symptoms) prior to returning.
- All members of your household, regardless of their vaccination status, must self-isolate at the same time.
- Notify your supervisor or academic lead.

Employees and students who are unvaccinated, partially vaccinated, or who are immunocompromised must isolate for 10 days from the onset of symptoms.

If you test positive for COVID-19, isolate and notify close contacts. A close contact is anyone you were less than two metres away from for at least 15 minutes, or multiple shorter lengths of time, without personal protective equipment, in the 48 hours before the onset of symptoms.

If you have been exposed to a COVID-19 positive person who lives with you:

- Self-isolate immediately for 5 days if you are fully vaccinated, or 10 days if you are partially vaccinated, unvaccinated, or immunocompromised;
- Self-monitor for symptoms for 10 days;
- If you develop symptoms, continue to self-isolate and get tested if you are eligible.

If you are NOT experiencing COVID-19 symptoms but have been exposed to someone who has tested positive (other than a person who lives with you):

- Self-monitor for symptoms for 10 days;
- Maintain masking, physical distancing and all other public health measures if you must leave your home;
- Do not visit any high risk settings as defined above, or individuals who may be at higher risk of illness, for 10 days from your last exposure;
- Report your exposure to your supervisor or academic lead and follow restrictions; and
- Self-isolate immediately if you develop any symptoms, get tested if you are eligible, and follow local public health unit guidance.

NOTE: For those working in a supervised clinical setting and are exposed to a known positive client or patient while wearing approved COVID-19 PPE, there is no requirement to identify those mitigated exposures or to self-isolate.

Rapid antigen test pop-up clinic – North Bay – Tuesday, January 18 and Wednesday, January 19

The Ontario Ministry of Health will be on the College Education Centre Campus in North Bay for a two-day rapid antigen test pop-up site.

To register for an appointment to pick-up a rapid antigen test contact:

<https://chlscheduling.as.me/NipissingUniversity>

Date: Tuesday, January 18 and Wednesday, January 19, 2022

Location: R.J. Surtees Athletic Centre
100 College Drive
North Bay

The event is open to the North Bay community and will be advertised on the Ministry of Health website. All public health measures will be followed on-site.

Do not visit the pop-up clinic if you have COVID-19 symptoms or have been exposed to a COVID-19 positive person. Rapid antigen tests are used as an additional screening tool only for asymptomatic individuals and not for diagnostic purposes.

On-campus booster Vaccine Clinics will soon be available on campus. More details will be provided once plans are finalized.

For COVID-19 updates visit canadorecollege.ca. For more information on COVID-19 testing eligibility, isolation and reporting requirements, how to self-monitor and self-isolate visit www.myhealthunit.ca.